

## Health History Questionnaire

### Laurel Women's Medical Group

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Date of last period (first day): \_\_\_\_\_

What is the purpose of your visit today? \_\_\_\_\_

**Gynecology History:**

At what age did you get your first period? .....

How often do you get your period?..... Every \_\_\_\_\_ days

How long does your period last?..... days \_\_\_\_\_

How many pads/tampons do you use on the **heaviest** day? .....

Is there any significant pain with periods? ..... Yes No

Is there any significant pain at other times of your cycle?..... Yes No

Is there any spotting or bleeding after intercourse? ..... Yes No

Is there any problem with sexual function? ..... Yes No

Are there any breast masses or lumps? ..... Yes No

Is there any breast discharge? ..... Yes No

Are there any urinary complaints? (burning, loss of urine, urgency) ..... Yes No

Have you ever had an abnormal pap smear result? ..... Yes No

Have you ever had an abnormal mammogram? ..... Yes No

Do you have a history of any sexually transmitted infections? ..... Yes No

Do you have any other problems or concerns not mentioned above? ..... Yes No

What is your current method of birth control? \_\_\_\_\_

If you answered yes to any of the above questions, please explain: \_\_\_\_\_

**Obstetrical History- please list all pregnancies, their outcomes and any conditions:**

| Year  | Length of preg. | Vaginal/C-section | Complications |
|-------|-----------------|-------------------|---------------|
| _____ | _____           | _____             | _____         |
| _____ | _____           | _____             | _____         |
| _____ | _____           | _____             | _____         |
| _____ | _____           | _____             | _____         |

**General Medical History- please indicate if you have any of the following:**

|                     |  |                    |  |                         |  |                      |
|---------------------|--|--------------------|--|-------------------------|--|----------------------|
| Anemia              |  | Cancer             |  | Heart failure           |  | Neurologic disorders |
| Anesthetic reaction |  | Type:              |  | Heart murmur            |  | Phlebitis/blood clot |
| Angina/chest pain   |  | Depression/anxiety |  | Hepatitis/liver disease |  | Seizures/convulsions |
| Arthritis           |  | Diabetes           |  | High blood pressure     |  | Skin disorders       |
| Asthma              |  | Drug dependency    |  | High cholesterol        |  | Stroke/mini-stroke   |
| Bladder infections  |  | Glaucoma           |  | Irregular heart beat    |  | Thyroid disease      |
| Bleeding problems   |  | Headaches          |  | Kidney problems         |  | Ulcers               |
| Blood transfusion   |  | Heart attack       |  | Lung disease            |  | Other:               |

**Family History- please indicate if any family members (parents, grandparents, siblings, children) have the following:**

|                 |  |                |  |                 |  |
|-----------------|--|----------------|--|-----------------|--|
| Breast Cancer   |  | Ovarian cancer |  | Diabetes        |  |
| Cervical Cancer |  | Uterine cancer |  | Thyroid Disease |  |
| Colon cancer    |  | Other cancer   |  | Heart Disease   |  |
| Blood clots     |  | Type:          |  |                 |  |

**Surgical History/Hospitalizations- excluding childbirth**

| Year  | Reason for Hospitalization/Surgery | Any Complications |
|-------|------------------------------------|-------------------|
| _____ | _____                              | _____             |
| _____ | _____                              | _____             |
| _____ | _____                              | _____             |

**Medication Allergies- please also list the reaction**

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**Current Medications (please include over the counter, strength, frequency and reason for taking)**

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**Personal Habits**

Do you smoke? \_\_\_\_ How many per day \_\_\_\_\_ Do you drink alcohol? \_\_\_\_ How much per week? \_\_\_\_\_

Do you use recreational drugs? \_\_\_\_\_ What drugs & how often \_\_\_\_\_

Do you exercise regularly? \_\_\_\_ Activity & how often \_\_\_\_\_

Any concerns regarding your visit or health history not covered above please explain below:

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